

# NOVEMBER 2018

PARKS, RECREATION & CULTURAL RESOURCE DEPARTMENT  
NEWSLETTER



For more info on classes  
& events OR  
to REGISTER ONLINE  
go to  
[www.matthewsfun.com](http://www.matthewsfun.com)

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## November Classes, Programs and Events

In the upcoming pages, we list out all of our programs, classes and events coming up in November.

If you would like more information, please visit our website or reach out to us via phone or email!

## Holiday Event Ticket Info Inside!



Check out all of our Fall  
programs at  
[www.matthewsfun.com](http://www.matthewsfun.com)

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource

## Family Fun Night Returns!

Family Fun Night returns to Crews on Friday, November 2nd from 6pm-9pm. These Fun Nights take place on the first Friday of every month through March 1. These events are FREE and include fun, family activities and food!

## Highlights of upcoming programs offered at Crews Recreation Center

### Open Gym Sports

#### Open Gym Basketball

Visit [www.matthewsfun.com](http://www.matthewsfun.com) for full monthly open gym/play calendar

#### Open Play Badminton

Sundays, 12:30pm-5:45pm

All skill levels welcome! \$2/player



Are you looking for a family fun themed activity to do with the kiddos? Look no further! Treat the family to a night out playing classic gym games, mini golf, karaoke or laser tag. All activities, entertainment, food and drinks are FREE!!!

6:00PM  
TO  
9:00PM

**CREWS RECREATION CENTER**  
**1201 CREWS RD. MATTHEWS, NC 28105**

★ **OCTOBER 5, 2018 - GAME TRUCK NIGHT**

★ **NOVEMBER 2, 2018 - GLOW IN THE DARK DODGEBALL NIGHT**

★ **DECEMBER 7, 2018 - MOVIE NIGHT WITH SANTA** (Disney's A Christmas Carol)

★ **JANUARY 4, 2019 - KARAOKE NIGHT**

★ **FEBRUARY 1, 2019 - MINI GOLF NIGHT**

★ **MARCH 1, 2019 - INDOOR LASER TAG NIGHT**

FOR MORE INFORMATION CONTACT US AT: (704) 708-1289 OR EMAIL [CSMITH@MATTHEWSNC.GOV](mailto:CSMITH@MATTHEWSNC.GOV)

Town of  
**Matthews**  
Parks, Recreation &  
Cultural Resource



#### Open Play Pickleball

Saturdays, 8:30am-12:30pm

Tuesdays, 5:30pm-8:30pm

All levels welcome! \$2/player

Sign up in advance: [www.signupgenius.com/go/8050548afa69-crews](http://www.signupgenius.com/go/8050548afa69-crews)



# Crews Recreation Center

1201 Crews Road—Behind the Matthews Police Department  
For more information on Crews Center activities, call (704) 708-1287

**Date Night Drop-Off** **Friday, November 9, 5pm-9pm.** Children ages 6-13 are invited to come out and participate in a variety of different games and activities. Pizza and refreshments will be served. Cost is \$10/child and \$5/each additional child.

## Senior Women's Basketball League



The 2018-19 Women's Senior Basketball League begins on Wednesday, Nov. 7 for women ages 45+. Games are on Wednesdays at 6:30pm through March 2019. Each team will play a total of 40 games throughout the season (3-on-3, half-court). Cost is \$55/player. To register, visit [www.matthewsfun.com](http://www.matthewsfun.com). Sponsorship opportunities are available.

## Dance Fit

Dance Fit incorporates toning and cardio into a 60-75 minute playlist, but music ranges from pop to hip hop, Latin, dancehall, oldies and more! Dance with Vanessa on **Tuesdays, 6:45pm-8pm** and **Saturdays 10:30am-11:30am**. Visit [www.dancefitvanessa.com](http://www.dancefitvanessa.com) for more info!



## Dance It Up

Join us for dance-inspired fitness class that will leave you sweating and smiling. Every class is different, from the toning and cardio moves to the anything-goes playlist; you'll never have the same class twice!

**Mondays 7pm-8pm.** Visit [www.danceitupclt.com](http://www.danceitupclt.com) for more info!

## Line Dancing

**Wednesdays, 12:30pm-1:30pm;** \$1/session. Learn the basic steps and techniques to the latest line dances

## Introduction to Fencing Class

Come try out the Olympic sport of Fencing! Fencing teaches independence, coordination, mental toughness and sportsmanship. Students will learn footwork, basic blade work, and some tactics involved in this fast-paced sport. They will then learn to bout with each other to try out their new skills. Students should wear long pants, t-shirt and athletic-type shoes. The 6-week program will take place **Mondays, 4pm-5pm starting October 22.** Matthews Residents: \$85, Non-Residents: \$90

## Beginner Fencing Program

**Mondays 5pm-6pm, Thursdays 4pm-5pm;** Learn footwork, blade work and more! Equipment is provided. Email [info@charlottefencing.com](mailto:info@charlottefencing.com) for more info!



## American Elite Karate

**Thursdays 5:45pm-8:30pm** for children of all ages.  
\$7/week and a \$10 first time registration which includes a tshirt.  
Visit [www.americanelitemartialarts.com](http://www.americanelitemartialarts.com) for more info!



## Bridge Club

Charlotte Bridge Club offers open play sessions  
**Tuesdays, 12:30pm-4:30pm.** \$7/per session



## Matthews Artists Guild



## Highlights of upcoming programs offered at McDowell Arts Center

Monthly Meeting: Tuesday, November 13, 6:30pm-9pm  
Guest Presenter: Rupam Varma. She will share the traditional art of Madhubani painting, an ancient art form from India. This art form is characterized by eye-catching geometrical patterns, using fingers, twigs, brushes and pens using natural dyes and pigments. Social & Gallery Viewing: 6:30pm; Meeting: 7pm, followed by presentation

### Brush Up Paint Night with Bonita Somers

All levels welcome! All supplies are provided to create a 9x12 acrylic masterpiece. Subject matter will rotate from landscape, seascape, still life, and floral each month. Emphasis is placed on step by step instruction, brush technique, color theory, and paint strategies. This is a great opportunity for a beginner painter to try out a few classes before investing in supplies or for those that want to learn while socializing.  
Nov. 7, 6pm-8pm. Matthews Residents: \$20, Non-Residents: \$25



### Afterschool Holiday Clay Club with Arts Delivered

Afterschool holiday clay classes let kids use energy, creativity and imagination to create seasonal, functional, glazed projects.

Students can meet instructor at the Media Center at Matthews Elementary upon dismissal to walk to Arts Studio!

Ages 7-12: 7 weeks, Thursdays, 2:45pm-4:00pm  
Matthews Residents \$150, Non-Residents: \$160



# McDowell Arts Center

123 McDowell Street — Adjacent to Matthews Community Center

For more information, call (704) 847-9746

## Gallery Display



The display in the gallery rotates every month. November & December will be MAG's holiday show. The gallery is open to the public every day and is free to visit!!



## Classes Taught by Bonita Somers

### Alcohol Ink Class

All supplies provided for this introductory class; for ages 12 and up.

Matthews Residents: \$20; Non-Residents: \$25. **Nov. 13, 6pm-8pm**

### Brush Up! Paint Night

All supplies provided to create a 9x12 acrylic masterpiece! Step-by-step instruction for the beginner painter. For teens and adults, ages 12 and up. **Nov. 7, 6pm-8pm** Matthews

Residents: \$20; Non-Residents: \$25



## Oil Painting Taught by Cynthia Howard

Demo and Hands-On Instruction

**Beginners** (\$75): Mondays, Nov. 5-19, 9:30am-12:30pm; **Intermediate** (\$75): Thursdays, Nov. 8-29, 9:30am-12:30pm; **Advanced** (\$60): Mondays, Nov. 5-19, 1pm-4pm

**Open studio:** Nov. 26 (Monday classes), Nov. 1 (Thursday classes)

### Veterans Art Classes

FREE classes to thank you for your service!

Explore various art techniques; all levels welcome!

**Wednesdays, 12pm-3pm**

### Classes Taught by Eileen Schwartz



### Art with Eileen

Art classes for adults with disabilities. Explore drawing, painting and mixed media.

**Tuesdays: 12pm-3pm** (\$55/\$60)

**Fridays: 9am-1pm** (\$65/\$70)

## Clay Classes with Arts Delivered

### Homeschool Classes

**Clay-Focused:** Wednesdays: 10am-11:30am. Oct. 31-Nov. 28. Matthews Residents: \$80, Non-Residents: \$85. **Painting & Drawing:** Thursdays: 1pm-2:30pm. Nov. 1-Dec. 20. Matthews Residents: \$190, Non-Residents: \$200

### Girl Scout Workshops

One Saturday a month, Girl Scout troops can take a class, meeting the requirements for a pottery badge! **Saturday, Nov. 3: 9:30am-10:15am.** \$11/person.

### Adult Classes

**Wednesdays, 6pm-8:15pm.** Oct. 31-Dec. 19. Matthews Residents: \$165, Non-Residents: \$175 All levels welcome!

### Holiday Afterschool

**Thursdays, 3pm-4:15pm.** Nov. 1-Dec. 13. Matthews Residents: \$150, Non-Residents: \$160



## KidzArt Saturday Classes



KidzArt is a unique, drawing-based art enrichment program that emphasizes confidence-building, problem solving skills and having fun! We teach kids to SEE like artists and DRAW what they see. Students learn how to overcome obstacles, master challenges and create powerful works of art. **Saturdays, Nov. 3-17, 10am-11am;** Matthews Residents: \$60, Non-Residents: \$65

### KidzArt School's Out Camp!

When school is out, KIDZART IS IN! Join our camp where kids engage in fun and creative activities while exploring drawing, painting, sculpture and more! Each School's Out Camp features different art adventures. **Monday, Nov. 12; 9am-4pm.** Matthews Residents: \$55; Non-Residents: \$60. Pre- and Post-camp care available from 8am-9am, and

4pm-5pm for \$10 per child

## FREE PROGRAMS

**Watercolor Study Group:** Tuesdays, 9am-11:30am. Bring your own supplies and come paint!

**Yarn Guild:** Meetings on Oct. 2 & 16, 6pm-8pm

**Basket Guild:** Oct. 2, 6pm-8pm



SAVE THE DATE!  
FREE CONCERT

MATTHEWS COMMUNITY CENTER  
100 MCDOWELL STREET

Thursday, November 8, 2018 at 7:30PM  
*"100 Years of Bernstein"*



*We are celebrating the 100<sup>th</sup> birthday  
of Leonard Bernstein!*

Become a member of the Director's Circle!  
(Make a seasonal donation... name will appear in all programs)

\$250 Platinum

\$100 Gold

\$50 Silver

\$25 Bronze

Check out our new website!

[matthewsconcertband.org](http://matthewsconcertband.org)

## Highlights of upcoming programs offered at the Matthews Community Center



## Holiday Events on Sale Friday, Nov. 2 at 9am

Tickets: [www.matthewsfun.com](http://www.matthewsfun.com) or 704-321-7275 or  
in person at the Matthews Community Center



### The Nutcracker

Ages 13 and up: \$7

Ages 12 and under: \$5

Saturday, Nov. 24 - 2pm & 7pm

Sunday, Nov. 25 - 3pm

Saturday, Dec. 1 - 2pm & 7pm

Sunday, Dec. 2 - 3pm

### Sugar Plum Tea Party

\$5 Per person

Immediately following the  
Sunday Nutcracker  
performances on  
Nov. 25 & Dec. 2

### Breakfast with Santa

Ages 2 and up \$7

Breakfast, holiday theater skit on stage,  
photos on stage with Santa, and a craft!

Saturday, Dec. 8 - 9am & 10:45am

Saturday, Dec. 15 - 9am & 10:45am



# Matthews Community Center

100 McDowell Street — For more information, call (704) 321-7275

**Kindermusik Classes:** Music classes for caregiver and child; these classes are fantastic for early childhood development. 8 week sessions offered Nov.-Dec.

**Cuddle & Bounce (ages 0-1):** Fridays, 9:15am-10am

**Sing & Play (ages 1-2):** Thursdays, 10:15am-11am; Fridays, 11:15a-12pm

**Wiggle & Grow (ages 2-3):** Thursdays, 11:15am-12pm; Fridays 10:15am-11am

**Session 2: Nov. 1-Dec. 14** Matthews Residents: \$115; Non-Residents: \$120



**ACTIVE PARENTING WORKSHOPS** **Active Parenting for Success:** This is a series of classes to assist parents with the challenges and opportunities of parenting in today's society and helping prepare children for success. Nov. 12 & 19: 7pm-8:30pm. Matthews Residents: \$15; Non-Residents: \$20. Visit [www.nowchoices-nh.com](http://www.nowchoices-nh.com) or call 980-339-7551 for more info!

**Abrakadoodle Classes:** Kids explore, create and learn in action-packed classes filled with color, texture, shape and fun. In Abrakadoodle, children learn about and through art, all while having fun!



**Mini Doodlers (ages 3-5)**

Wednesdays, 11am-12pm

**Afterschool Art (ages 6-11)**

Wednesdays, 3:30pm-4:30pm

**Twosy Doodlers (ages 20 mos-3yrs)**

Wednesdays, 10am-10:45am

Wednesdays, 3:30pm-4:30pm

**Matthews Residents: \$40; Non-Residents: \$45 Session 3: November 7-28. Session 4: December 5 & 12**

**Gentle Yoga Taught by Chris Robertson**

**Gentle Yoga:** Gentle yoga practice suitable for beginners as well as yogis looking for a slower, more introspective practice. **Wednesdays, 10am-11:15am; Nov. 21-Jan. 30;** no classes 12/26 or 1/2. Matthews Residents: \$90, Non-Residents: \$95

**Lunchtime Yoga:** Approachable, lighthearted yoga practice suitable for all levels. Take time for yourself! Join us in movement and breath, leave feeling refreshed for the day and week ahead of you. **Mondays, 12pm-1pm; Nov. 19-Jan. 26;** no classes 12/24 & 31, 1/21. Matthews Residents: \$80, Non-Residents: \$85. Drop-In fee: \$12

**Bowspring Yoga Taught by Linda Oelschlaeger**

Put the curves back! Linda's Bowspring classes strengthen the muscles in the back side of the body to return the natural curves to the spine. Putting the spinal curves back allows dynamic freedom of movement and helps prevent pain that comes from losing these curves through daily life and aging. Tone your glutes and walk with more bounce in your step! **Tuesdays, Nov. 6-Jan. 8:** 9:30am-11am; **Wednesdays, Nov. 7-Jan. 9:** 6pm-7:30pm; **Thursdays, Nov. 8-Jan. 10:** 9:30am-11am. Matthews Residents: \$80, Non-Residents: \$85; Drop-in fee: \$12. **No classes Nov. 21 & 22, Dec. 25-Jan. 1.**

**Kripalu Yoga Taught by Katrina Whelchel**

**Gentle Yoga:** Poses and sequences are slower-paced and accessible to people with physical limitations. **Mondays, 6pm-7:15pm.** Matthews Residents: \$105, Non-Residents: \$110; Drop-in fee: \$20

**Moderate Yoga:** This class offers all the same signature elements of a Kripalu class: breath and centering, spine & joint warm ups, and a deep relaxation at the end of class. **Thursdays, 6pm-7:15pm.** Matthews Residents: \$105, Non-Residents: \$115; Drop-in fee: \$20. Register for both of Katrina's classes and receive 50% off one class with code Yoga4M3 at check out.

**Restorative Yoga:** Enjoy 90 minutes of stress-reducing, comfort-creating mindfulness. **Dec. 2, 4pm-5:30pm.** \$20.

**Taught by Vicki Bartnikowski**

**Pilates + Barre :** Enjoy a 60-minute, low-impact, muscle-toning workout. **Thursdays, 12pm-1pm.** Sept. 27-Dec. 13; No classes Oct. 11-25, Nov. 22. Matthews Residents: \$85; Non-Residents: \$90; amount may be pro-rated if starting mid-session. Drop-In fee: \$12

**Adult Beginner Ballet**

Fun, relaxed beginner ballet for the complete beginner or basic experience; ages 30+. Wear comfortable clothes you can move in, and ballet shoes or slip-resistant socks. **Tuesdays, 10am-11am,** October 30-Dec. 11; no class Nov. 20. Matthews Residents: \$85; Non-Residents: \$90



**Basket Weaving Classes**

November 3, 9:30am-1:30pm: Wine Basket. Matthews Residents: \$30; Non-Residents: \$35

December 8, 9:30am-1:30pm; Star Workshop: FREE!





## Parks and Special Events

For more information about parks, call 704-708-1288

For more information about Special Events, call 704-708-1261



**SATURDAY  
NOV. 3<sup>RD</sup>  
10AM-4PM**



*"Bella" - 2018 Matthews' Finest Fido*

STUMPTOWN PARK  
120 S. TRADE STREET

MATTHEWSFUN.COM OR  
704-321-7275

Presented by:



OVER 50 PET-FRIENDLY VENDORS  
POLICE K9 DEMO  
ADOPTABLE DOG PARADE

BOUNCE HOUSE & CLIMBING WALL  
FRISBEE SHOW  
CRAFT BEER & FOOD TRUCKS










Town of Matthews

# Not-So-Spooky Halloween

OCTOBER 21

**5PM-9PM**

**Stumptown Park**

**"Halloweentown" the movie at sundown**

Face Painting, Carriage Rides, Trick-or-Treating,  
Pumpkin Judging, Clowns, Sweet Treats



# POPERAZZI

**TICKETS ON SALE NOW!!**

A mix of pop and opera come to life on stage at  
Fullwood Theater at the Matthews Community Center.

**Saturday, December 29 at 7:00pm**

**Sunday, December 30 at 3:00pm**

## Yoga in the Park

A combination of Vinyasa flow  
and deep stretch yoga.

**Fridays, 9:30am-10:30am**

Stumptown Park

7-week session, Oct. 26-Dec. 14

Matthews Residents: \$70  
Non-Residents: \$75  
\$12 Drop-In Fee

Register online at  
[www.matthewsfun.com](http://www.matthewsfun.com)

